Deschutes National Forest - Sisters District



Paved Road 14 descends the Upper Metolius River canyon, with side roads leading to the river.



Just below the Jefferson Lake Trailhead parking area, the trail enters the Wilderness Area.



In 150 yards, the route passes through a 400-year old wind-thrown giant, in a remarkable 7' saw cut.



For the next half mile, the trail meanders among huge old fir trees, with a maple understory.



The soft light filtering through the grove of ancient trees offers a sense of peace and relaxation.



At 0.6 miles, the trail climbs up onto a lava flow, with good views of the burned and unburned forests.



The trail then wanders northwest over the lava field for 0.3 miles, through rugged a'a type lava.



In the upper canyon, the trail follows the edge of the lava flow, with long views west of Mt. Jefferson.